

# CALL FOR EXPRESSIONS OF INTEREST – literature review on the measurement of specific concepts related to psychosocial support

## **1. Overview**

medica mondiale seeks a CONSULTANT for a literature review / desk research on the measurement of specific concepts related to psychosocial support. Details on the background and scope are provided on page 2.

#### overview

deadlines	Draft report: by November 15, 2020 / Final report: by December 15, 2020
report scope	The report (without annexes) should not exceed 60 pages.

#### professional qualifications

The key selection criteria are experience with literature reviews, relevant professional programmatic and methodological evaluation expertise and experience, general knowledge about SGBV (and trauma) in (post) conflict areas, gender- and trauma-sensitivity, a feminist / intersectional perspective, cultural and conflict sensitivity, and excellent written language skills.

#### application procedure

Applications with the subject line 'concepts measurement' are received under <u>evaluation@medicamondiale.org</u> until September 15, 2020. Questions can be asked under this email address as well. To indicate your interest, please send at least your CV and a cover letter, including your daily rate and links to writing samples (please send documents as one pdf file with a maximum of 2 MB). If your expression of interest is positively evaluated, in a second step, we will ask for a short list of key reference documents you would use, a draft table of contents, and a budget. Please feel free to submit all documents in one step if you like. The interviews will take place by the end of September via Skype.

#### about medica mondiale

medica mondiale e.V. (<u>www.medicamondiale.org</u>) is a non-governmental organisation based in Cologne, Germany. As a feminist women's rights and aid organisation medica mondiale supports women and girls in war and crisis zones throughout the world. Through own programmes and in cooperation with local women's organisations we offer holistic support to women and girl survivors of sexualised and gender-based violence. On the political level, we pro-actively promote women's rights, call for a rigorous punishment of crimes as well as effective protection, justice and political participation for survivors of violence. Currently medica mondiale is working in Northern Iraq/Kurdistan, in Afghanistan, in Liberia, in Kosovo, in Bosnia and Herzegovina as well as the African Great Lakes Region.

Through programmes and in partnership with local women's rights organisations, medica mondiale takes a multi-level approach to address the various factors contributing to violence against women and girls: On the individual level, medica mondiale provides access to holistic services (psychosocial, health, legal, economical) for survivors of s/gbv. On the level of women's and girls' social environment, medica mondiale supports communities to recognize and protect women's and girls' rights and to support survivors of s/gbv. On the institutional level, medica mondiale capacitates public institutions from the health and legal sector to adopt a stress- and trauma-sensitive approach towards survivors and to establish cross-institutional referral and support systems. On the political level, medica mondiale advocates for laws, policies and resolutions that address s/gbv and promote women's political participation. On the societal level, medica mondiale campaigns against sexism and gender stereotypes, raises awareness on s/gbv or the long-term impacts of trauma within societies.

medica mondiale e.V., Hülchrather Straße 4, 50670 Cologne, Germany, https://www.medicamondiale.org/



# 2. Background information and purpose of the literature review

medica mondiale's partner organizations provide psychosocial support services for female survivors of conflict-related SGBV. These typically involve the aim to reduce physical and psychological stress and trauma symptoms, and increase active coping strategies and overall well-being/empowerment in the SGBV survivors accessing support services and the service providers who receive training in stress-and trauma-sensitive service provision and self-care. These are often highly complex and difficult to measure concepts. This literature is meant to inform evaluative studies of such programs. Its objective is to support the methodological development of the evaluations.

# 3. Scope of the literature review

The literature review should use relevant documents such as peer-reviewed articles and studies, international guidelines, manuals and toolkits, workshop/training curricula, impact evaluation or other relevant reports and publications/books, to provide an overview of 'state of the art' knowledge and best and 'good enough' practices to measure the following concepts related to the area of psychosocial support quantitatively (including psychometric measurement) and qualitatively:

- Burn out
- Compassion Fatigue
- Secondary Trauma
- Stress
- Resilience
- Empowerment (of women/girls)
- Wellbeing
- Empathy and Compassion
- Self-compassion
- Mindfulness

This should include an overview of relevant indicators and adequate data collection tools, including, if applicable, an overview of their limitations or weaknesses. The literature should also include an overview of relevant knowledge gaps in research. The literature review should not per se limit itself to documents related to international aid programs. The literature overview should give an overview of "state of the Art" monitoring and evaluation tools used in psychosocial programs in conflict and post conflict countries. The review can make use of *medica mondiale's* extensive literature database, and medica mondiale will provide a glossary with definitions currently used for these terms. It is expected that additional literature will be identified in the course of the work.

## 4. Timeline and Deliverables

- An initial meeting with medica mondiale's Evaluation Advisor upon selection (can be conducted remotely)
- 15<sup>th</sup> November: latest deadline to submit draft report (no more than 60 pages without annexes)
- Submission of feedback by medica mondiale within 2 weeks of draft report submission
- 2 weeks to revise and finalize report and submit final report and invoice
- A final meeting with medica mondiale's Evaluation Advisor (can be conducted remotely)

### 5. Report requirements

The report shall be written in readily understandable language. The report shall clearly describe the used methodology, process and results in order to offer comprehensive and understandable content. It should include a list of acronyms, an executive summary, a methodology section, and a full, annotated bibliography by category of literature, with links to documents published online, if applicable. Submission of bibliography as Citavi or Zotero project preferred.